

**THE
PINWOOD PORPOISES
SWIM TEAM**

CORDIALLY INVITES YOU TO THE

**ST. TAMMANY PARISH SWIM LEAGUE
REGIONAL
2009 "B" CHAMPIONSHIP MEET**

SATURDAY JUNE 20th

Session 1 – AM Session 2 – PM
(10 AND UNDER) (11 AND OVER)

A warm welcome from the **Pinwood Porpoises** to all swimmers, coaches, parents and friends of each team participating in the St. Tammany Regional 2009 "B" Championship Meet!

LOCATION / FACILITIES:

The Pinewood Country Club is located on Country Club Blvd, Slidell, LA.

DIRECTIONS: Take the Gause Blvd. Exit from I-10 and head west on Gause Blvd. To Robert Boulevard. At Robert Blvd., head north (right) about 2 miles and watch for a left turn onto Country Club Blvd. Immediately across from John Slidell Park (on the right).

If heading east on I-12, take the Highway 11 exit; turn north (left) onto Hwy. 11, and turn east (right) onto Brownsitch Road. Head east to a traffic light at Robert Blvd. (app. 1.25 miles). Turn south (right) on to Robert Rd. And proceed about .25 miles from the turn going over the I-12 overpass and make the next right turn onto Country Club Blvd.

Pinewood Country Club is Approximately 1 mile from Robert Rd. on the left.

PARKING: Limited parking is available in the lot adjacent to the clubhouse and along the street in front of the pool facility. People will be there to direct traffic. Parking is also permitted along the streets, **BUT DO NOT PARK ON ANYONE'S GRASS OR ON THE MEDIAN (THIS WILL GET YOU TICKETED AND TOWED)**. Car-pooling is strongly encouraged to reduce congestion. Please practice courtesy in your driving and parking arrangements.

TEAM AREAS: Team areas will be located in the grassy areas in front of the pool facility. A sign will be posted for each team's specific area. Lawn chairs, coolers, umbrellas and canopies are only permitted in the designated team area only. **NO GLASS CONTAINERS.** Please keep your team area clean. There will be no team

areas inside the pool yard fence. No tents of any kind or tarps will be permitted inside the pool yard fence. If there are special accommodations that need to be made, please contact the meet director in advance.

PARTICIPATING TEAMS:

Cross Gates Gators	CG	Picayune Aqua Dogs	PAD
Huntwyck Village Tornados	HV	Pinewood Porpoises	PCC
Magnolia Forest Marlins	MFM	Tanglewood	TWD
Lakeside Gators	LG		

CONCESSIONS: Various food and beverage items will be available at our concession stand. **ABSOLUTELY NO COOLERS WILL BE ALLOWED IN THE FENCED IN AREA OF PINWOOD COUNTRY CLUB.** Please PASS THIS IMPORTANT INFORMATION ON TO YOUR MEMBERS.

HEAT SHEETS AND T-SHIRTS: Will be available for sale. T- Shirts and tanks are available. We suggest pre-order because a VERY LIMITED quantity will be available the day of the meet. (SEE attached information sheet.)

CONDUCT: ONLY meet officials, applicable shift workers, coaches, and on deck event swimmers will be allowed on the pool deck area. EVERYONE is expected to practice safety and self-control in all areas. Meet attendees are not allowed on the golf course or other areas that are not directly associated with the swim meet. PLEASE refrain from crossing barriers set up for crowd control. **Cover-ups and shoes or sandals are required in the Club House.**

COACHES AREA: Each team's coaching staff will be designated a team table. Since this area is within the pool deck fencing it is designated for COACHES ONLY and others will not be permitted to congregate there.

MEET SCHEDULE:

First Session – Warm-ups start at 7:10 am and end at 8:30 am; see schedule enclosed. Opening ceremonies begin at 9:00 am. Events start at 9:15 am. A meeting of officials and coaches will be held at 8:30 am. **ALL FIRST SHIFT CLERK OF COURSE WORKERS MUST BE IN POSITION NO LATER THAN 8:40 AM. ALL OTHER FIRST SHIFT WORKERS MUST BE IN POSITION NO LATER THAN 9:10 AM.** See enclosed information about Volunteer Work Assignments.

Second Session – Warm-ups start at 1:25 pm and end at 2:45pm; see scheduled enclosed. Events start at 3:30 pm. A meeting of officials and coaches will be held at 2:45 pm. **ALL FIRST SHIFT CLERK OF COURSE WORKERS MUST BE IN POSITION NO LATER THAN 3:10 PM. ALL OTHER FIRST SHIFT WORKERS MUST BE IN POSITION NO LATER THAN 3:25 PM.** See enclosed information about Volunteer Work Assignments.

MEET DIRECTOR: Jean Pittman (985) 640-4340

ENTRY FEES: \$ 2.25 per individual team event
Make checks payable to Pinewood Swim Team.

ELIGIBILITY: The "B" Championship Meet serves two purposes, 1) to provide a "last chance" for swimmers to make "A" qualifying times, and 2) a championship meet for those swimmers who do not qualify for the "A" meet. Swimmers who have received official league "A" times prior to the entry cutoff date for this meet are not allowed to compete in that stroke for which they received an official "A" time. There will be no exhibition swimmers during the course of competition.

ENTRY SUBMISSION: PLEASE PROVIDE ENTRY INFORMATION IN HY-TEK'S TEAM MANAGER OR MEET MANAGER DATABASE FORMAT ON A CD. A PRINTED COPY OF THE ENTRY INFORMATION SHOULD ACCOMPANY THE DISK. If computerized entries are not possible, written entries will be accepted. Entry information must be clear and legible and include names and ages of all swimmers and the events for which they are scheduled. **This order must be followed when submitting entries.** Please also include a completed Summary Sheet (see enclosed form) with your entry package. Deliver entries with payment to the Pinewood Country Club or mail to:

2009 "B" Championship
c/o Sheila Ganucheau
405 Country Club Blvd.
Slidell, LA 70458
Via email: gilsheilag@aol.com

ENTRY DEADLINES: All entries and fees must be received no later than 7:00 pm, Tuesday June 16, 2009

*****FINAL SEEDING WILL BE DONE AT THIS TIME-NO ENTRIES WILL BE ACCEPTED AFTER THIS TIME*****

SCORING and AWARDS: All events will be scored to the 12th place. Scores for 1st to 12th place are as follows:

INDIVIDUAL: 13-11-10-9-8-7-6-5-4-3-2-1

TEAM: Weighted Scoring: This scoring system is to be determined by the league board.

Awards will consist of medals for 1st – 3rd places. Ribbons will be provided for each additional scoring place and for heat winners. Swimmers making "A" qualifying times will receive Championship Qualifying Ribbons. High point and runner up high point winners for each age group will also receive awards. Team trophies will be awarded for teams finishing 1st – 3rd overall. A Sportsmanship Award trophy shall be awarded to one team based on a vote by a team coach from each participating team. Criteria can include, but are not limited to, team area cleanliness, on-time for warm-ups, clerk-of-course, races, volunteers and competitive, but friendly attitude.

HEAT SHEET ADS: We invite you to place your ad in our Heat Sheet. THIS IS A GREAT WAY TO SHOW TEAM SPIRIT. PLEASE DISTRIBUTE TO PARENTS AND POTENTIAL SPONSORS. Each ad should be accompanied with payment and returned to the Meet Director by June 16, 2009 at Noon. Ads must be in “ready to copy” format. Cost are as follows:

Full Page	\$25.00	½ Page	\$15.00
¼ Page	\$ 10.00		

T-SHIRT ORDERS: Due June 14, 2009 (See enclosed order package)

VOLUNTEER WORK ASSIGNMENTS: We rely on the assistance of each team to help this meet run smoothly and operate successfully. Please be sure to complete the attached **Volunteer Work Assignment Form** and include this with your entry package. Each team must identify a **Work Coordinator** for each session of the meet who will be responsible for coordinating each team’s work assignments for that session. The **Work Coordinator** must report to the **Meet Director** upon arrival.

WORK SHIFTS

Morning Session:	Shift A	-I.M. and freestyle
	Shift B	- Backstroke, breaststroke, and butterfly
Afternoon Session:	Shift A	- I.M. and freestyle
	Shift B	- Backstroke, breaststroke and butterfly

WARM-UP SCHEDULE:

<u>Session 1</u>	<u>Session 2</u>	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>
7:10-7:30	1:25-1:45	PCC	PCC	PCC	PCC	HV	HV
7:30-7:50	1:45-2:05	CG	CG	CG	CG	CG	CG
7:50-8:10	2:05-2:25	MFM	MFM	MFM	MFM	TWD	TWD
8:10-8:30	2:25-2:45	LG	LG	LG	PAD	PAD	PAD

VOLUNTEER WORK ASSIGNMENT FORM

Team Name: _____

Session 1 Team Work Coordinator: _____

Session 2 Team Work Coordinator: _____

Please supply the names of your volunteers for the positions listed below. We ask that all teams provide at least one volunteer for each position for each session of the meet. Smaller teams please provide as much help as you can. Please stagger shifts among your volunteers so that they are not all working at the same time. We will try our best to accommodate everyone's shift requests. Volunteers may sign up for more than one position provided that times do not overlap. A schedule will be posted on the day of the meet. The Work Coordinator and the volunteer should verify their work assignments when they arrive.

Position	SESSION 1 Name /Shift	SESSION 2 Name/Shift
Clerk of Course	1. 2.	1. 2.
Runners	1. 2.	1. 2.
Awards	1. 2.	1. 2.
Scoring	1. 2.	1. 2.

TIMER ASSIGNMENTS

It is each team's responsibility to schedule timers for assigned positions for all shifts. Timer assignments for each team are as follows:

Lane 1: CG/LG/PAD

Lane 4: PCC/LG/TWD

Lane 2: PAD/HV/CG

Lane 5: LG/PCC/MFM

Lane 3: PCC/MFM/CG

Lane 6: PAD/MFM/HV

Back-up Timer's (two watches each person): TWD/PCC
Head Timer: PINEWOOD

PLEASE BRING WATCHES AND EXTRA WATCH BATTERIES.

SUMMARY SHEET
(This form **MUST** accompany you entries.)

Team Name: _____

Head Coach: _____ **Phone:** _____

Number of Assistant Coaches Attending the Meet: _____

Team Representative: _____ **Phone:** _____

Meet Work Coordinators

Session 1 _____ **Phone:** _____

Session 2 _____ **Phone:** _____

Entry Information and Fees

Number of Individual Entries: _____ X \$ 2.25 = \$ _____

Number of Swimmers Entered: _____ **TOTAL FEES** \$ _____

Checklist

Have you included the following?

Team/Meet Manager database on CD	_____
Computer printout or written copy of individual entries	_____
Entry Fees made payable to PCC	_____
Advertisements with payments	_____
Volunteer Work Assignment Form	_____
Summary Sheet (this sheet)	_____

REMEMBER TO MAKE COPIES OF EVERYTHING FOR YOUR RECORDS

Signature of Head Coach or Team Representative _____ **Date** _____

Verification by Pinewood Swim Team _____ **Date** _____